

Spectator Spectator

Women In Business





Amy K Hudacek REALTOR® eXp Realty Ltd.

Howdy South East Sask!

The Name's Amy K Hudacek and I'm a oure blooded Esterhazian traveling the grids pure blooded Esterhazian traveling the grids and towns in SE SK (when im not parked on my porch or a rink bench). I was raised by two extremely hard working people, a mix of a Yarbo farm boy & Kennedy cowgirl and they gave me the pleasure of having the tney gave me the pleasure of naving the most amazing entrepreneurial upbringing in Esterhazy. I graduated EHS, was inspired by Gaye Huckell to take my Communication Disorders degree in ND at MSU and slid north & west to dabble in Some Alberta Oilfield cash, before I came home when my Viking Grandmother fell ill with Ovarian Cancer. In 2018, I decided I wanted to have the life I dreamed



Oralina Center. III. 2015, Technical Waited to liave the first detailed for its first design of the first my clients and triends daily to pursue their best lives and if you re going to do something, do it with passion! If I can't bring positivity, I'll bring a joke and maybe a bottle of Roscato. My switch to the largest brokerage in Saskatchewan-eXp expanded my network, has me acknowledged for top producer in Southern SK (6 times since January) and I was Honoured to have been nominated and won the Harry Janzen Award this March.

I'm looking forward to running for a SRA board position to give rural agents a bigger voice. I'm passionate about my career and the connections I make, as I'm raising my 2 sons Jep & Kip. My goal in this life is not only to leave a legacy to my sons but to SE Sask. It's an honour every time I get to be the first personality that can show people this is SE SK.

- Where Potash, Wheat & Oil meet.

Esterhazy, SK | 306.740.6100

Sharen Hogarth Hogarth's Lawn & Garden

Hi, my name is Sharen Hogarth. I'm married to Richard Hogarth, I moved to Moosom in from Redvers in 1989 to begin my hairdressing career. That lasted until 1990 when I applied at MacLeod's for a job. November 10, 1990 I was hired and like the saying goes..."the rest is history". Lots of history, close to 31 years working there with lots of changes.



I have been fortunate to work with a great team of people.

In 1999 my husband decided he would like to start a business of his own. He was working at Foodworld at the time but wanted to start his venture by cutting grass at the school grounds and that idea of his took off

I try to keep the books and billing in order for Hogarth's Lawn and Garden and help him when I can.

In my spare time I work at Strive Fitness Centre 1-2 evenings a week and spend time with family. We have a daughter. Aimee who lives in Grand Coulee and has two boys (our grandsons) and our son Kyle lives here in

Moosomin, SK | 306-435-2647

Kimberly Setrum Royal LePage Martin Liberty Sask Realty

Kim has been a real estate agent with Royal LePage Premier Realty since 2015 and is now partner with Royal LePage Martin Liberty Sask Realty. Kim works out of her new office located in the Broadway Commons Building at 640 Main Street

Kim grew up in Moosomin, where she currently lives with her family and has strong connections with the community spring of 2019 Kim donated all of the material and labour to build a mini golf course at the Outdoor Eventolex at Bradley



Park as a way to give back to her community and the surrounding area

Over the years. Kim has won numerous awards with Royal Lepage, including 2022; the Chairman's Club Award, which is given to the Top 1% in Canada (Placed as #176), an Award of Excellence, Top 10 in Saskatchewan Award, and an Executive Circle Award.

In 2020/2021, she won the Diamond Award along with The Top 10 in Saskatchewan Award and Top 35 under 35 across Canada award. In 2019, the Diamond award and for two years in a row (2017/2018) the Platinum Award. In addition, the first two years of her career she won President's Gold Award for Sales (2015/2016).

In 2017 Kim challenged the Interprovincial Salesperson Exam and passed, owing her to be registered to sell real estate in Manitoba and to also serve Southwest Manitoba for Royal LePage Martin-Liberty Realty

Kim considers real estate as much a passion as it is a busi herself on offering high quality real estate services through Royal LePage, a company that goes the extra mile to help clients, and whose you is what we do.

Moosomin, SK | 306-434-8733

Carol Glasser Glasser's TV Service Ltd.

Glasser's TV Service moved to its Main Street location in 1978. When asked what she does in the business. Carol Glasser, who runs the family-owned business with her husband Wayne and son John as well as her granddaughter Niguitta, smiles and andmits. "Everything!" She has a dynam-ic and challenging job: staying on top of the constant evolution in technolous and the constant evolution in technology and communications keeps her job fresh and



in town.

Cell phone evolution: Bag phones - not everyone saw value and now no one can be without it!: Flip and Brick phones: Smart phones for talk, text and email; Smart phones that all are your home computer. The last 30 years has gone from needing a home computer, land line phone and fax, to using your cell phone for everything, phone, email, camera, computer and all communication. We have also seen a change from the rotary antenna (4 or 5 TV channels) to cable TV to satellite dishes. Now some of our customers use only the inter-

net for their TV Due to labour shortages we now have 1 foreign worker, which has worked

out very well for us.

Carol loves to travel and loves spending time with her grandchildren.

Glasser's offers televisions, cameras, computers, cell phones, car audio, and gaming. Carol and her staff look forward to seeing you soon! We are looking forward to the upcoming season of our latest Apple line up. All Apple products are available to us

> Moosomin, SK | 306-435-3040 www.glasserstv.com

Rose Mullett Mullett's Home Hardware

Rose has been involved in retail hardware since 1984, when she and her husband Robert pur-chased the Macleods store in Lan-genburg. Owning their own store was certainly a challenge in the 80's with high interest rates reach-ing upwards of 20%! But with hard ing upwards of 20%! But with hard work, growing pains, and gaining knowledge, they persevered. Langenburg was a great community where they started raising their family of 2 daughters, Lindsey and Kalea. After 3 years, they wanted to grow their business, so they purchased the Macleods store in Moosomin in October of 1987, and operated it for 10 years with Macleods wont bankrupt and was purchased.



10 years until Macleods went bankrupt and was purchased by True Value. Ten years later, they became RONA, and 11 years later they made the switch to Home Hardware in Feb. years later they made the switch to Home Hardware in Feb. of 2019. The family-owned business has been a great venture, and Rose enjoys working with her staff, especially the long timers, Sharen, Debbie, Lorne and Sherry, who collectively have been with them for over 95 years!!. Rose enjoys seeing their regular customers and meeting new people.

Moosomin has been a great supportive place to work and to call home. But the time has come when inevitably, retirement is on the horizon, and they're hoping to find a new family who would like to carry on their hardware legacy in



We know for certain that we wouldn't be where we are today with

out our family and our customers!! The support we get from our town, surrounding towns and rural area is nothing short of amazing! Supporting our local business helps us support your local fundraisers, local sports teams, and local events! Thank you everyone for your support.

> 631 Main St. | Moosomin, SK 306-435-3206

Sandra Garrett The Witch's Brew

Hi all, I'm Sandra Garrett

I grew up in Maryfield Sask, but I have lived in Moosomin for 30 years. Moosomin is my home town. To tell the truth, this is not where I thought I would be all those years ago, but I can't imagine living anywhere else now! Moosomin is the town where my husband Trevor and I have raised our son, and built a life

In 1997 I was given the opportunity to complete the Apprenticeship pro-gram through SIAST and receive My

Red Seal Journeyperson in the Cooking Trade (Red Seal Chef). When Trevor and I decided 15 years ago to take a chance and open The Witch's Brew, it was a very big asset to have the knowledge from my training to bring my dream to reality!

Initially I was thinking it would be only a small coffee shop with some desserts. Boy was I wrong! Over the past 14 years we have evolved from drink, desserts and one daily lunch feature into a full ser vice daytime restaurant with catering and private functions available for evenings. Witch's Brew has surpassed all expectations I initially

Hannah Herman Owner **Haven Clothing**

Haven Clothing was established in September of 2022. Hannah is the owner of the business and has one employee that works for her, Melissa Bruvold (Manager) and is currenly looking at expanding her team.

Hannah was born and raised on a farm outside of Rhein (30 minutes from Yorkton). While Hannah was in High School her family made the move to Yorkton where she met her current boyfriend Drayson Skulmoski who is originally from Moosomin but was play-

ing hockey in Yorkton at the time. Seven years later Hannah made the move to Moosomin to settle down. Not long after Hannah moved to Moosomin an opportunity came up that she could not oass up (aka Haven Clothing).

When Hannah isn't at the store helping her customers you will most likely find her spending time with her family or friends - if she's not with them she is most likely doing something with her three golden retrievers (Rogue, Roamie and Rio) more commonly known as the Haven Puppies!

Hannah wants to say thank you to everyone for all of their support in her first year of business and can't wait to see what her future years in business hold!

Moosomin, SK | 306-641-9788 nclothing22.com | havenclothing22@gmail



Jennifer Gray Jennifer Gray Designs

Jennifer is the owner and operator of Jennifer Gray Designs. She is an entrepreneur, mentor and public speaker that speaks passionately about interior decorating. She has helped many clients across Canada from B.C. to Ontario create

peace and beauty within their biggest life investment.

Jennifer's mission is to inspire

people to create a space they LOVE and that is a perfect reflection of her clients' personal style.



er services offered by Jennifer Gray Designs include

- E-Design: This virtual design process is done from the com fort of your own home regardless of where you are located via Zoom. Jennifer has helped clients all over the country including Nanaimo, BC, Abbotsford, BC, Calgary, AB, Red Deer, AB, Regina, SK, Yorkton, SK, Ottawa, ON and many around the
- Colour Consulting: This service combines the use of color psychology, color theory and current trends to fulfill the client's
- Decluttering: Decluttering offers a collaborative service to remove unnecessary items from your space to help you live in a more relaxed and healthy environment.

 • Aging In Place: A Design process that enables seniors or those
- with health and/or mobility issues to remain in their homes safely for as long as possible.
- Interior Styling: This design process enhances a space for a more aesthetically pleasing environment.
 Commercial Design: Commercial Interior Design is a special-
- ized process tailored to commercial spaces including offices, retail space and other areas where business is conducted.
- · Home Staging: Home Staging is the preparation of a home for sale. The goal is to make a home more appealing with hope of selling for more money in less time.
- Organizing: With this service, Jennifer works with home-owners to help organize and manage their possessions. She removes the stress of decluttering and gives you the tools to keep and maintain a tidy home.

Home Transitions: I am here to help take the stress out of moving! Together we will create a plan to determine your needs. I have the necessary items to pack and label your belongings and organize a mover for you (if needed.)

"I will be with you every step of the way to make sure you are settled into your new home as quickly and easily as pos

> 306.435.7926 | Moosomin, SK jen.gray@sasktel.net

Shelley McGonigal **Pipestone Hills Golf Course**

Hello! My name is Shelley McGo-Hellol My name is Shelley McGo-nigal, and I'm the clubhouse manager at Pipestone Hills Golf Course here in Moosomin. I moved here from the fam-ily farm just outside of Wapella about 26 years ago. Coming from a cattle and grain fam taught me hard work as everyone had a job to do and that's just what farm life was - we all pulled togeth-er as a family to get the work done. It bed its exerciand bot days but howshot? er as a failing to get the work doine; the had its good and bad days but I wouldn't change it for the world it's what made me who I am today. I married Cory McGonigal and had 3 wonderful children



who always kept us running year round with sports and recently have started fostering a very special girl.

Running the clubhouse was a very different career change for me as coming from being an insurance broker. I have had many jobs from being a cook on the family farm, waitress, working at a drug store, working in materials management at the hospital, running a in home daycare, working in a daycare, insurance broker to now a clubhouse manager. I feel that each job I had I learned something that I now use being a manager. The farm would definitely be the most as this is where I learned from an early age that hard work pays off and I truly learnt from the best - my parents.

Pipestone Hills Golf Course is a beautiful 9 hole course located in the valley just south of Moosomin. The views are spectacular which makes going to work that much more enjoyable. We are a very busy makes going to work that much more enjoyable. We are a very busy place with many tournaments, mens and ladies league as well as a seniors league. I love getting to know the members and feel that I have established great relationships with most over the past four years. I also love meeting new people that come to the course and love hearing the positive feedback of their experience visiting our course. I always hear they will be back again which is what every business wants to hear. We offer good homemade food even for the nease that live twent to come out and set. They love the strongshore. ones that just want to come out and eat. They love the atmosphere out here and the staff. This year I had 9 staff members on board which is the most we have had so far. I have been blessed with having the most wonderful staff with over half of them that work for me at the Nutrien Sportspleax in Moosomin as well. This job wouldn't be possible without them and their dedication over the last four years. It's just a great place to be all around, good food, friendly staff, beautiful course and fantasic views.

When I'm not working you will find me trying to sneak a round of golf in, camping, kayaking and spending time with family and friends. It feels great to be a part of such a great community in the town of Mossomin. Very proud to call Mossomin home.

Moosomin, SK | 306.435.3511

Tara Kardash Able Eavestroughing

Tara Kardash, originally from Wapella is the Residential Construction Manager and National Construction Safety Officer

at Able Eavestroughing. Her father Terry Szafron opened the business in Wapella 42 years ago. The business now serves southeastern Saskatche-

wan, Manitoba and Western Ontario

The company offers metal roofing, siding, eavestroughing, soffit, fascia and custom manufactured flashing. There are currently offices in Brandon and Wapella with 20 full time employ-

Tara enjoys working in the construction industry and the people with whom she works.

She feels strongly about giving back to the community. Tara can be seen at events around the region. She resides in Brandon.

306-532-4496 306-532-4496 | Wapella, SK 204-725-2294 | Brandon, MB ableeaves2@hotmail.ca



Alyssa Jeannot Jeannot Electric

Jeannot Electric was established in 2014 by Kyle and Alyssa Jeannot. Alyssa is the Owner/Business Administrator, also known as, shop janitor, safety supervisor, customer service representative, skid steer operator, and any other job that might come in-between actually doing



From advertising to invoicing, Alyssa manages all things administrative all while working casually with Hutch Ambulance and raising the 3 "shop greeters" Penny, Miguire, and Lawson!

Jeannot Electric serves the Moosomin, and surrounding areas both residentially and commer-

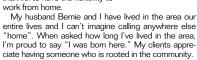
- Give us a call today for all your electrical needs!

Moosomin, SK | 306-434-9112 jeannot.electric@hotmail.com

Rolna Pranke RE/MAX Blue Chip Realty

Sixteen years ago, I began my real estate career with RE/ MAX Blue Chip Realty. A lot of changes have happened in the industry over the years. Continuing to learn and adapt to those changes is essential.

Our brokerage has offices in Yorkton and Estevan, but mv office has always been in my home in Moosomin. I am so thankful to have the flexibility to



I'd like to give a huge thank you to my clients, family and friends for their continued support in making my business a success.

Buying or selling real estate doesn't have to be stressful or confusing.

I'm with you every step of RE/MAX

Blue Chip Realty

Moosomin, SK | 306.435.7343

Samantha Down

Whippletree Coffee & Maid Marien's Catering

Food to me is the essence of human connection. Sharing our stories and experiences over breaking of bread is what brings us together as people. No matter where you come from or where you are going, you are bound to get hungry. I love being the bridge to that need.

My passion for preparing and serving great food started at a young age on the farm outside of Whitewood with my Grand-



mother, who has been one of my biggest inspirations. I loved finding my role in my large family as the "nourisher." I found talent in my adolescence as someone who could bridge my creativity and love for hard work, and turn that into a rewarding career

Catering and serving coffee in Esterhazy has brought amaz-ing fulfillment to my life, this is the place where I began and I'm

happy to make it the place where I have ended up.

Maid Marien's catering specializes in large events and custom menu work, and Whippletree coffee is the best spot in town for an excellent fresh scone and cappuccino with sandwich or salad for lunch.

Come see us at Whippletree in Esterhazy, Monday to Friday 8 am - 4 pm; Saturday 10 am - 3 pm.

604 Veterans Ave. | Esterhazy, SK 306-745-3310

Gayleen Gurr Pampered Chef

I started selling Pampered Chef products in April of 1998. At that time, the company was only two years old with an awesome product. I wanted to work for myself and this was a good way to do that! I also felt there was a gap in the area for this kitchen product and I wanted to fill that gap. Since 1998 the product line has expanded to include everything from basic cooking to pantry items, to entertaining and to include small appli-



I've built a team of 10 independent consultants that I've helped to start their own business. I have consultants from B.C. to Manitoba.

I really love being able to see my consultants succeed. It's really neat when they have a financial goal they want to reach, like buying a new car or paying for their kids' sports, and they make enough money through Pampered Chef to be able to do that! It's so nice to see them succeed, and you

able to do that it is so lince to see them succeed, and you also make some awesome friendships along the way. Bert and I live in Langbank with our very pampered pet cat Blackie. I enjoy gardening, spending time with family, cooking, and volunteering with my church in Kipling and with the Moosomin Armoury. I am here to help you with all your kitchen needs, if you need anything don't hesitate to call.

Langbank, SK | 306-736-7929 www.pamperedchef.ca/pws/gayleengurn

Pat Siemens Pat's Pictures

Hello I am Pat Siemens and I operate a small Photography business known as Pat's Pictures out of our home. I was born and raised in Brandon, Manitoba but now married for over 20 years and residing near Kola, Manitoba on a farm with my husband and 2 boys.

My passion for photography start-

ed in high school. So here I am, 32 plus years later, I still have the same passion and it continues to grow. As a photographer, I have participated in courses and seminars to keep cur-



rent and that will always be an ongoing process

I have seen many changes in photography over the years with the advent of digital photography. It has become as much art as simply photographing portraits. I'm still a firm believer in quality portraits that belong on the walls, over mantels, and also in ou

Pat's Pictures has evolved from wedding and family photogra phy to now including school portraits, sports teams and individu als, graduations, passport pictures, and event photography.

A huge thank you goes out to my devoted clientele and many

wonderful people that I've met and continuing to meet. They keep me passionate about my photography which makes me continue to strive to deliver quality

"Portraits are Memories and Memories are Forever"

Kola, MB | 204-845-2114 patsphotography@hotmail.com

Amanda Rokochy Carscadden Funeral Chapels Ltd.

Amanda was born and raised in Wawota, Saskatchewan, graduating from Wawota Park-land School in 1997. Amanda had previously spent 19 years working in the Gaming Industry, until joining the team at Carscadden Funeral Chapel on November 1, 2021. She is currently enrolled in the Canadian College of Funeral Service, working towards becoming a licensed Funeral Director and Embalmer.



While Amanda still calls Wawota home, she is hoping to one day move to Moosomin and looks forward to providing care to the families of Moosomin and surrounding area in the years to come.

In her spare time, Amanda has many interests and hobbies that keep her busy! She has a love of sports, especially hockey, softball and golf, and enjoys both watching and participating. Over the years she has volunteered her time in a secretary/treasurer role for the Big Six Hockey League and the Triangle Hockey League. Amanda enjoys the outdoors and can be found kayaking, walking her dogs or going for a rip in her purple Dodge Challenger! She is also a proud Aunt to Jack and Penny and has enjoyed being involved in their many activities

Moosomin, SK | 306-435-2513

Ellisha Park Carscadden Funeral Chapels Ltd.

Ellisha grew up in Virden with her family and graduated from high school in 2011. She joined the staff of Carscadden Funeral Chapel in 2016 and graduated from the Canadian College of Funeral Service in 2018. Ellisha excelled in her studies, receiving the Jurisprudence, Embalming Excellence and Academic Achievement awards.



She is a licensed Funeral Director and Embalmer in the provinces of Manitoba and Saskatchewan, receiving her licenses in 2018.

Ellisha and her partner, Eric Barkley, reside in Virden. In 2019 they welcomed their first child, Hadleigh, and excitedly await the arrival of their second baby in October of this year.

In her spare time Ellisha enjoys camping and golfing. In the summer she can be found in her garden or canning a variety of fruits and vegetables. Ellisha and Eric are also grain farmers, and keep busy with other farming responsibilities.

Moosomin, SK | 306-435-2513

Dee Mudkins & Suzanne Rotteau Parkland CPAP Services Inc.



Born and raised in Moosomin, Dee knows firsthand that the biggest hearts are found in smaller communities and is proud to be part of rural Saskatche-wan. Dee enjoys providing education, help and support to all clients at Parkland CPAP Services. Those new to therapy, seasoned, or inquiring about their health are always welcome for a discussion! She has been with the Moosomin clinic since they first opened 2 years ago and looks forward to helping the people of Moosomin and surrounding area get the

good quality sleep that is so important to overall health and wellbeing. Dee is excited to be part of the Parkland CPAP team where care and compassion for clients is vital and co-workers are family.

Suzanne started at Parkland CPAP Services in the summer of 2023. She brings her interests in sleep and health along with experience in education and tomer service to the Parkland team. She is dedicated to contributing to the mprovement of rural health care, despite the challenges it can pose. Suzanne is ooking forward to assisting the community through education, care, and client support. Suzanne is excited to provide a helping, supportive hand throughout your



Moosomin, SK | 306-434-LUNG (5864) **Broadway Commons Suite 104**

Cherrie Caliwag **Tim Hortons Moosomin**



Hello! My name is Cherrie Caliwag, and I am a Restaurant Manager at Tim Hortons Moosomin location. I graduated with a degree in Bachelor of Science & Computer Science at Technological Institute of the Philippines. My ultimate dream has changed along the top and the profession. As the eldest of three. I am the bradwinner of the family and became a working student of a service crew to help my mother to support me and my siblings to finish our studies. After graduation. I became a professor, the profession for food and the service industry gives me more opportunity in restaurant service. I worked as a manager of a number one quick service restaurant in the Philippines (Jollibee) for more than a decade.

I migrated to Moosomin in 2018 with my husband Nathan and two kids (Cyd and Casey). I am currently one of the worship singers at River of Life Church every Sunday at 11 am.

I think one of the main things that motivates me to go above and beyond for customers is knowing that I'm helping them to make a difference in their lives. Working here can be a rewarding experience, allowing you to interact with customers, serve delicious food and beverages, and be part of a team. Whether you're a beverage person, cashier, or part of the Kinn Hortons family. It's a place where you can develop valuable customer service skills and create lasting memories with coworkers and customers alike I am grateful that Moosomin and near by town areas are very supportive with the projects that help the community achieve their gools.

I am blessed that I have a supportive and appreciative owner values their employees and always make us feel like a family.

Moosomin, SK | 306-435-3393

June Daku

REALTOR® - Real Estate Centre

I live outside of Kipling, Saskatchewan on a farm. It has been a great life and we are full of gratitude to have had our children grow up here. Our 3 adult children come for cattle roundup and branding days and now the grandchildren are enjoying that as well. I have had a few jobs but being a realtor is challenging and



flexible. It is rewarding to help people achieve their dreams...couldn't ask for better than that. Having a strong business knowledge and connections to make everything run smoothly is also rewarding especially when it comes to selling farms.

If you live in the SE part of Saskatchewan don't hesitate to give me a call!



#2, 1808 - 50 Avenue Lloydminster, AB T9V 2W7 1.866.345.3414 REAL ESTATECENTRE COM FARMREALESTATE.COM

Kipling, SK | 306.736.7640 june@realestatecentre.ca

Eli Barsi

Prairie Girl Gallery Gift Boutique & Art Centre

Eli Barsi is a farm girl who was raised near Kennedy, Saskatchewan. She has spent many years in the music business as a diverse entertainer, musician, songwriter, producer & award winner.
Eli & husband John Cunningham

have made Moosomin their home for the last 12 years and enjoy being a part of this community. As she continues with her music she has also recently added professional painter, author and the owner of the Prairie Girl Gallery to her creative portfolio. The Prairie
Girl Gallery has been in business for over 3 years, located in



the Historic McNaughton building on South Front Street. It started out as a one 'small room' rental for Eli's art projects in late 2019 and since March of 2020 has expanded to over a 1,600 Sq ft. Gallery, Gift Boutique & Art Centre, offering paint classes, music lessons, workshops & featuring 11 local

Eli appreciates the opportunity to bring an art element to the Moosomin business sector, which inspires community culture, social engagement and a platform for expression. The PGG gift shop is a positive environment, ever changing with new pieces, season friendly, and always happy to fulfill special

Moosomin, SK | 306-435-3164 OPEN: Tuesday- Friday 12-5pm & Saturdays 11-4pm. 1011 S Front St.

Lynnette Bock **Bock & Company Law Office**

Lynnette Bock grew up in Rocanville. After graduating from Rocanville School, she obtained a Bachelor of Arts in Economics from Brandon University. Lynnette then attended the College of Law at the University of Saskatchewan, receiving her Juris Doctor. She completed her articling term in Regina, serving as a Law



Clerk to the Justices of the Court of Queen's Bench.

Lynnette practiced with a local law firm for 8 years before establishing her sole practice in January 2011.

Lynnette, her husband Steven and daughters Ella, and Emmy, reside on a ranch southwest of Rocanville

Lynnette practices in the areas of Real Estate. Estates, Estate Planning and Small Business Law from her main office in Esterhazy and her branch office in Rocanville.

Esterhazy, SK | 306-745-3952 Rocanville, SK | 306-645-4552

Rita Herperger Orenda Healing



Rita Herperger, Owner and Holistic Therapist of Orenda Healing in Stockholm, Sask is described as an empathetic, compassionate, non-judgmental, and caring woman, who has taken these qualities and expanded her knowledge to address the needs of all. To this end, she has created a holistic approach in her practice, which helps her to help others build from a foundation of self-love; growing and experiencing life from a more positive perspective. Classically trained as a Social Worker, Rita noticed that talk therapy/counselling by tistelf was not always effective in helping clients reach the root of their issues, where true healing must begin. She started her own healing journey in the middle of her own burnout through sessions with a world-renowned Psychic Medium, in addition to traditional counselling. From there Rita followed her heart-she received training in Yoga—Kids, studied card reading, started meditating, became a Counseling Hypnotherapist, Mindfulness Coach and Reiki Master Teacher. She also opened herself and accepted her gift as a Psychic Medium.

Identifying as a Holistic Therapist, Rita integrates traditional psychical broise and extraperise with sniftful enementic healing margitices.

leacher. She also opened herself and accepted her gift as a Psychic Medium.
Identifying as a Holistic Therapist, Rita integrates traditional psychological tools and strategies with spiritual energetic healing practices to create a personalized, holistic approach to healing for her clients. Rita's unwavering belief in the interconnectedness of the mind, body, and spirit as the foundation to overall wellness, super-charges her passion to help all people to be the highest version of themselves.
With close to 20 years of experience as a registered social worker and counsellor, she is honored to include clients from across Canada, South Africa, UK, Brazil, and the US among her list of clientele and looks forward to including you in this list of healing!

Stockholm, SK | 306.740.6242

Terra Talbot

Prairie Strong Chartered Professional Accountants

Terra Talbot grew up in Esterhazy. After graduating from Esterhazy High School, she attended SIAST for a Diploma in Accounting, and returned to the Dubuc area in 1998 to work in Melville for Prairie Strong Chartered Professional Accountants (then Skilnick & Partners). While living in Dubuc and working in Melville over the next 10 vears she started a family, had two children, and continued her education by correspondence. She sat the CA exams in



the fall of 2009, and received her Chartered Accountant designation in early 2010, when she moved work location to the Esterhazy office of Prairie Strong.

Terra practiced as an associate of the firm from 2010 until August 2022, when she became the partner and manager of the firm's Esterhazy location. Terra has returned to Esterhazy to live and work in her hometown.

Terra enjoys working with the diverse client groups and industries that public practice allows, and also enjoys helping new businesses to get started on the right path.

> Esterhazy, SK | 306-745-6611 www.prairiestrong.ca

Sherry-Lee Duncan C. Duncan Construction Ltd.

C. Duncan Construction Ltd.,is one of many family businesses in rural Saskatchewan owned and operated by the 2nd generation. Originally a land clearing and grid road contractor, over the years it has diversified its services to include commercial site prep, lagoon upgrades, reparation of existing roadways, electronic design and more.



Sherry-Lee, retired psychiatric nurse and clinical care co-ordinator, manages Human Resources, Safety demands and the day to day Administration of the business. Sherry-Lee promotes the core family values C. Duncan Construction Ltd., was built upon and welcomes the input of their employees. Working side by side with her husband Carmen, creates some challenges, still it is very rewarding and she is thankful for the opportunity to work in the industry.

Give us a call to quote your project, big or small we

Spy Hill, SK | 306-534-2095 202 First Avenue

Jolene Toder JT Interiors Design Group

Hill Jolene Toder, the owner and operator of JT Intenors Design Group. With over 20 years of experience in the business, I've had the pleasure of working with clients all across Canada with orline or in-home consultations, helping them bring their interior design dreams to life.

deams to life.

At Il Interiors, the focus is on providing a range of services tailored to meet each client's unique of services tailored to meet each client's unique needs. Whether you're starting a new build, embarking on a renovation project, or seeking professional organizing packages, I have the expertise to guide yout through the process seamlessly. My aim is to create spaces that are not only visually appealing but also practical and functional for your everylay life.

I'm excited to other 3D and Virtual Really visualize the process of your dream home before any construction takes place. This innovative tool not only helps you visualize the final result but also enhances communication with tradespeople, ensuring that everyone is on the same page throughout the project.

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Elkhorn, MB | 204.748.5422

Bonnie Riffel Owner

Hearing & Wellness by Porch Light

Bonnie Riffel has been providing hearing services to South East Saskatchewanfor more than 18 years. After working for others out of Regina, she is excited to return to her hometown and provide these services in a safe and welcoming environment.

"It started out as just needing a job as a receptionist. But after watching the patients come out of the back offices and seeing how much of an impact the clinicians are making in their lives, I wanted to be a part of that."



Hearing & Wellness by Porch Light is bringing hearing aware-ness to Moosomin and surrounding communities. We provide top quality service with the best technology and practices to assist those who have been affected by hearing loss and to help prevent hearing loss from happening.

"After working with so many individuals with disabilities of all types, I understand how difficult it is to gain access to medical services in rural areas. Starting Hearing & Wellness by Porch Light was a vision to bring the amenities of the city to smaller communities. Not only do we offer the best practices in our office, but we also come to you. Our mobile service helps those who cannot travel get the service they need. When in need of assistance, look for the Porch Light to guide you.

220 Broadway Ave | Moosomin, SK 306-435-2500 | hearing.porchlight@gmail.com

Courtney Mish Kipling Pharmasave

Growing up Courtney Mish knew early on that she wanted to be a pharmacist in rural Saskatchewan. In 2015 she completed a Bachelor of Science in Biology and in 2019 added a Bachelor of Science in Pharmacy. Upon graduating, Courtney returned home to practice at Kipling Pharmasave and in less than a year she took over as manager.



As pharmacy manager Courtney is responsible for ensuring the appropriate policies and procedures are in place to deliver a high level of patient care. She ensures compliance with provincial guidelines regarding privacy, medication error reporting, and compounding. This is in addition to her daily responsibilities as a pharmacist, which includes assessing the appropriateness of new prescriptions, checking dosing, monitoring for interactions, prescribing for minor ailments, completing medication assessments, and administering vaccinations.

506 Main Street | Kipling, SK 306-736-2810

Delphine Gehl Living Skies Realty Ltd.

Delphine Gehl was born and raised in Esterhazy and has lived in the area her whole life.

Delphine has been a realtor in Esterhazy since 2006. With the retirement of her former broker in 2016, Delphine decided to become a real estate broker herself. In June of 2016, Delphine opened her own real estate brokerage, Living Skies



Realty Ltd. in Esterhazy. Real estate has been a very rewarding career for Delphine, there is no better feeling than finding the perfect property for your client and seeing the joy on their face on possession day.

Terri Hayes has joined the Living Skies Realty Ltd. team as Office Manager in May, 2021 and has proved to be a valuable asset to our brokerage

Living Skies Realty Ltd. serves all of Saskatchewan and is licensed to provide real estate services in: Residential, Commercial, Farm and Property Management.



Esterhazy, SK | 306-745-9160 delphine1@sasktel.net | www.livingskiesrealty.con

Chelsea Stewart

Audiologist **House of Hearing**

House of Hearing opened in Jan-ary 2022 and is a hearing clinic that provides a wide variety of hearing services and solutions. Chelsea Stewart is an audiologist who provides hearing services to individuals 4 years and older. Services include hearing evaluations, earwax removal, hearing aid fitting and servicing, custom earmolds and hearing protection, employee hearing screen

ings and more!

Chelsea graduated from the University of Western Ontario with a Masters of Clinical Science degree in Audiology in 2014. Chelsea's business is located in Esterhazy, SK. She provides on-site services in Rocanville and Broadvi



Saskatchewan. She offers on-site services for companies looking for employee hearing programs or in-home services for patients who are unable to access hearing services (i.e. patients in care homes or patients who are unable to travel). Chelsea is licenced to provide services in Saskatchewan and Manitoba and can directly bill Workers'
Compensation Board, Department of Veterans' Affairs, Non-Insured Health Benefits for First Nations and Inuit and Supplementary Health.

During Covid, Chelsea's husband started a new position in Ester

hazy. She had two kids and was on maternity leave with her third child from the Saskatchewan Health Authority in Regina. Unfortunate ly, audiology positions in rural Saskatchewan are limited. As a mother of 3 young kids with a husband on shift work, a long commute was not an option for her. While she was on maternity leave, she started researching if it would be feasible for her to open her own audiology clinic in Esterhazy. She started by reaching out to people in the community to see if there was a need for hearing services. The answer was always yes. As a result, House of Hearing was born!

Chelsea's passion for audiology was in the public sector and she absolutely loved her job as an audiologist with the Saskatchewan Health Authority. If she changed to private practice, Chelsea knew she needed to be in control of the services she provided to her patients. Chelsea has always been passionate about providing services to people in rural Saskatchewan, as she has seen firsthand the strain on patients travelling to Regina for services and the stress it caused for many families. Entrepreneurship was the best way for her to provide honest and caring service and help close the gap for individuals needing hearing services in rural Saskatchewan and Man

Chelsea's greatest strength is her natural ability to help and care for others. She provides honest and trustworthy recommendations listens to her patients, and explains everything along the way. Chelsea thrives on connecting with her patients and their families. Her ultimate goal is helping her patients stay connected and making their hearing journey as easy and stress-free as possible. Chelsea treats her patients like family and goes above and beyond to find the best solution for their hearing needs. House of Hearing offers a variety of advanced hearing technology and is flexible in making hearing acces

Chelsea is a true extrovert who loves being around people. When she isn't spending her time at House of Hearing, she loves watching her children's activities, playing sports, and spending time at her family cabin at Buena Vista, Saskatchewan.

"To be a successful business owner you do not need to have a background in business, sales, finance etc., I was an audiologist who loved what I did and wanted to make an impact and help others. I knew I wanted to provide great patient care and have the flexibility to be an involved mom to my kids. Everything else, I have learnt along

Billie Johnson Paperclip Cottage Café

I was born and raised in Cypress Hills and went to work in the oil patch for over a decade before I moved back to Kipling, where my mother was raised. This is where I wanted to raise my family, in small town Saskatch-



ewan. My mom, Ellen Johnson, is a Red Seal Chef. When the empty paper-clip house on Main Street came up for tender, they wanted to put some-thing in it because it is famous, and she decided that this town needed a little something, and that is how we ended up with the restaurant!

intue sometining, and trait is now we entered up with the restaurant. My mom and I started out running the restaurant as partners, and she has since retired, but everything in the Paperclip is based on her vision. Everything is homemade. The business is built on my mom's recipe for fresh bread every day, homemade cakes, pies, desserts, salads, soups and custom baking. On that fresh bread we make our famous cottage sandwiches. I also do catering, from weddings to grads, to barbecues to special occasions, plus I am a custom baker, so I can do pies, cheesecakes, cakes, etc

Carkes, cakes, etc.

We opened our doors in April 15, 2010 -13 years ago. The house was built in 1912 and the house itself is famous, so us being here gives people a reason to come in and take a look! Plus we have become known for

Kipling, SK | 306-736-2182

Angie Lewis Right At Home Decor

I started this little store 8 years ago thinking I'd take a short break from accounting.

Who knew this would transpire into a dream job! I love shopping and I love decorating!!

We carry home decor for any style, and gifts for all occasions.

We also do bridal registry.

My little shop wouldn't be where it's at today without all my amazing customers. I couldn't do this without any of you!

The support from Moosomin and the surrounding areas has been so overwhelming

> 506 Main St. | Moosomin, SK 306-435-9023

503 Main Street | Esterhazy, SK

Darlene Gulak Strong Darsart Studio & Gallery

Over the past 30 years I have taught private and group lessons/classes and workshops in my home studio and surrounding areas.

I offer instruction in mediums such as: Acrylic, Pencil, Watercolor, Stained Glass and many crafts. When time allows I create my own Art in Various Mediums. I enjoy



incorporating elements new and recycled

Recently I moved into a new larger studio on our bee farm. I am located one mile south of Rocanville.

I am very excited to be able to offer: Retail Art Supplies; Classes-Private and Group; Paint and Craft Parties; Special occasion art parties tailored to the client; Gallery of my work-Originals and Prints; Guest Instructors/Workshops



FB Darsart Rocanville Email: darsart@sasktel.net

Rocanville, SK | 306-434-8861

Angela Hutchinson

Rocanville Remedial Massage Therapies



Angela Hutchinson and Jill Bood branded Rocanville Reme dial Massage in 2015. We have since grown to be a completely women run organization with 3 Registered Massage Therapists, a Reflexologist and Nail Tech and an Athletic Therapist. Angela offers services such as massage and lymphatic drainage. Jill offers massage and Rattan massage using warm bamboo sticks. We also have recently welcomed by Decorby, an Athletic Therapist with Valley Edge Therapy. Kelsey Selby is our business man-ager certified in Reflexology as well as spa services such as pedi-cures and dermaplaning. Kendra Fafard has been with us for a few years as an RMT and is now also a certified Osteopath. Grandma Mildred keeps our laundry pushing through and our students, Julia Roden and Stella Kantymir do detoxes and keep us running!

Rocanville, SK | 306-645-0077 www.rocanvilleremedialmassage.ca

Arvelle McGonigal Zaylie Furniture Ltd.

Arvelle grew up in Moosomin, and lives in town with her Husband Wayne and 2 children Zayn and Charlie.

Zaylie Furniture opened its doors In April 2017. Zaylie Furniture has grown a lot over the past 6 1/2 years. With 10,000 sq feet of show-room floor they have a lot to offer!!

Zaylie Furniture offers a wide variety of Appliance Brands such as Frigidaire, Electrolux, Samsung and GE.



Zaylie has been carrying Beauty
Rest and Simmons Mattresses, which are Canadian Made
mattresses since they opened. Beautiful Furniture sold at Zaylie
includes Ahsley Furniture, Magnessun Furniture, as well as
Decor-Rest Furniture that is Canadian made and custom.

And new to Zaylie is Cabinetry, Arvelle is working with Superior Cabinets and is ready to help make the Kitchen of your

As well Zaylie has home decor from area rugs and lighting to wall decor and much more!

Arvelle offers in-home consultations for Interior Design and

Zaylie is open 10am - 5pm Monday- Friday and 10am- 3 pm Saturdays and offers delivery, set-up and take away services! Like us on Facebook, and Instagram.

815 Broadway Ave. | Moosomin, SK 306-435-2154

Clarissa Gravelle **Exhale Yoga Moosomin**

Meet Clarissa Gravelle, the heart and soul behind Exhale Yoga Moosomin. Originally haling from Northern Ontario, Clarissa found her new home in Moosomin in 2018. From the very beginning, she was captivated by the warmth and diversity of this welcoming community, and it didn't take long for her to call it home.

it home.

Yoga has been a constant companion on Clarisas's life path for nearly two decades. It played a pivotal role in maintaining balance during her academic pursuits and her years as an oilfield engineer. However, the birth of her son ignited a desire for change. The dream of becoming a certified yoga teacher had always lingered in her heart, and at that moment, it felt like the stars had aligned. She took the leap, completed her teacher training, and found herself on a new quest to share her love for yoga with her community.



love for yoga with her community.

In a world increasingly dominated by virtual experiences, Clarissa firmly believes in the power of personal connection. She recognized that something vital was missing in their lives – the in-person yoga experience. When she learned that Shirley's Sewing Room was closing its doors, it was as though destiry had paved the way. With unwavering determination, Clarissa launched Exhale Yoga Moosomin, envisioning a space that would be both inviting and inclusive, welcoming yoga enthusiasts of all levels.

But Clarissa's journey didn't stop there. Her passion expanded to encompass prenatal and mon-and-baby classes, an area close to her heart. She sought to enhance the local support network for expectant and new mothers, nurturing a sense of community and empowerment.

Clarisas is grateful for the opportunity to share her love for yoga with her community. Her journey as an entrepreneur and yoga enthusiast reflects her commitment to nurturing and expanding Exhale Yoga Moosomin's offerings to meet the evolving needs of her community. In Clarisas's hands, yoga is not just a practice; it's a gift she shares, a connection she fosters, and a journey she

Moosomin, SK | 306-435-2513

Sherice Stacey Canalta Moosomin

Hi, I'm Sherice Stacey, the General Manager of Canalta Hotel in

My husband and I moved to Moosomin in 2007, we have 3 kids Austin (14) Sheyanne (12) and Gunner (2). In my free time I help coach my girl's softball teams, I am also women's bench coach for my girl's hockey teams and a board member for Moosomin Minor Ball. Our kids are involved in many activities throughout the year which keeps us on the go.



I started working for Canalta in 2012 as a Front Desk Agent and was then promoted to Front Desk Supervisor. When the GM position became available, I applied for it.

Canalta likes to be involved with our local communities, we sponsored the U15 Girls hockey team, and we donate prizes to many fundraising organizations within our community and surrounding towns that are hosting events.

I enjoy working for Canalta because you are always meeting new people from all over the place, weather they are here for work or just passing through on their vacation. It's also great to have a visit with our regular guests as well.

> Moosomin, SK | 306.435.3034 canaltamoosomin@canalta.com

Jill Dowling Iron Prairie Strength Lab

Hi! I'm Jill Dowling, the owner and Head Coach of Iron Prairie Strength Lab, located at 506 Moose St. in Moosomin.

Before moving to Moosomin with my husband in 2020, I'd been competitively and recreationally involved in CrossFit for 10 years, and have been coaching for the

When we moved to our new

home, I decided to pursue my passion for fitness and started coaching out of our house & yard. I had our daughter in 2021, and really wanted to support other female athletes having babies, so I completed my Pregnancy and Postpartum Athleticism Certification at that time as well.

Since I've been coaching in Moosomin, it has been a dream of mine to build a welcoming community of fitness friends in a room bigger than my laundry room. There are some amazing members of this community, and their kindness, generosity and belief in my ability to help them achieve their goals has made this all possible!

When I'm not in the avm. I can be found hiking with my family, listening to podcasts, and reading (as much as is possible these days), but mostly, you can find me at the gym!

> 506 Moose St. Moosomin, SK ironprairiestrengthlab@gmail.com

Katja McCord **Sole Much Better Foot Care**

I started my career as a Paramedic in 2001 followed closely by being a Licensed Practical Nurse in 2003. I have lived in many places through-out Saskatchewan from northern to

out Saskatchewan from nortnern to southern villages/towns/cities. Feet are taken for granted! They are with us 24/7 but are often neglected until it is too late. We may get dry, cracked skin, corns, calluses, fungal infections, ingrown nails, plan-tar fascilis and make even wounds tar fasciitis and maybe even wounds.



tar fascillis and maybe even wounds.

Over the years, through nursing, I
have helped individuals in a nursing
home or hospital setting which made me realize that preventative
care is needed.

I started Sole Much Better Foot Care in 2019 to help those in my community and surrounding area take that step in putting themselves first and receive Nursing Foot Care. Working with healthcare colleagues, Physicians and Podiatrists, referrals are healthcare colleagues, Physicians and Podiatrists, reterrals are exchanged to give you the best possible outcome. In 2021, I gained my Pedicure Technician certificate which gives me the opportunity to provide a broader range of foot care treatments. I treat coms, calluses, dry and cracked feet, thick nails, ingrown, fungal, toenails in need of reconstruction, diabetics and more as part of my Advanced Nursing foot Care. I provide spa pedicures with or without nail polish, paraffin wax treatments, leg/foot masses. with or without nail polish, paramin wax treatments, leg/root massage, all ages are encouraged to come, and side-by-side pedicures can be arranged. In 2022, I completed a course to offer Thai Foot Reflexology & Massage. This is a treat to allow yourself to relax for an hour. I also do manicures, but at the end of September I will be able to provide structure gel and building gel options for frongmalle.

fingernals.

Referrals and you returning for treatments mean everything neterrais and you returning for treatments mean everything to me! I know that I have your trust and have provided a great quality of care. The best part of my job are the smiles and thank-yous I receive after. Two clients I will never forget are a lady who took her walker and started pacing in her house with continued thank yous. She had not been able to walk well prior due to the condition of her nails. The second was during a client's first visit with me I found a wound in between his toes. He knew there was consolition there but he because he way weble to see he didn't. was something there but because he was unable to see he didn't realize the severity of it. He was referred that day to his family

I look forward to meeting you for one of my treatments. I look forward to meeting you for one of my treatments. www.solemuchbetterfootcare.ca has more information about my products and treatments. I can be followed on Facebook and Instagram.

Instagram.

To book an appointment please go to https://www.schedulicity.com/scheduling/PHEMRT or call/text (306) 304-7008

I understand that not everyone can physically come to see me. I can offer home visits if needed. Please contact me by phone for the same

306-304-7008 | Esterhazy, SK

Erin Gurney Erin's I.D.A. Pharmacy

It has been just over 3 years since Erin Gurney opened her pharmacy – Érin's I.D.A. Pharmacy in Esterhazy at 422 Main Street. July 2, 2020 was day one and since that day, the support they've received has been remarkable.

For those who don't know Erin, she was born and raised here in Esterhazy and now resides just outside of Tanta-



llon with her husband Aaron, and their three children; Layne, Laityn and Maveryk. In addition to operating a successful grain and cattle farm, Erin and Aaron had a dream to one day own a small-town pharmacy.

That dream was made a reality and in July of 2020, the doors opened to Erin's I.D.A. Pharmacy. In the three years that have gone by, they've never regretted taking the chance at ownership. After graduating in 2011 from the U of S with a Bachelor of Science in Pharmacy degree, Erin came back to Esterhazy to start her care

She has always enjoyed working in the community she grew up in and has welcomed the opportunity to be a part of the healthcare team for so many amazing people. "Every interaction is important and taking the time to really get to know our patients is a priority, always.

Not only do we want to provide exceptional patient care, but we want to offer a comfortable environment where people are free to ask questions as well. And for those who prefer, we have a private counseling room that is always available." Erin and Aaron have given back to the community in many ways over the past two rears. "It's important to show our support for our local community and the organizations in our area. There are so many amazing activities and events that go on and we want to continue to see that happening! We are grateful to be able to give back in any way we can,

Erin Gurney is the owner and operator of Erin's I.D.A. Pharmacy located at 422 Main Street in Esterhazy.

422 Main Street | Esterhazy, SK

Britt Lawson Corbett, B.Sc.

Director, Marketing & Communications Four Season Sales

After a seven year period as an entrepreneur in luxury retail, Britt returned to corporate marketing in 2019 with a new opportunity at Four Seasons Sales. Head-quartered in Virden, MB, Britt Felt, "the timing and opportunity couldn't have been better. I had sold my business, and this was a chance to return to a team atmosphere and build a department at an organization that was growing quickly. They are also a group that is extremely involved in local communities, and that gives me a great sense of pride."

Now the Largest RV Dealer in the Prairies, Britt has seen the dealership locations double from two to four, and the marketing department grow to a group of six, all while navigating the upheaval of a global pandemic.

"As a department, we obviously support our sales, service, and parts teams all year round, but our biggest project is the indoor RV shows that take place in February each year. From planning to execution, its a fast paced labour of love across three provinces, and when we get the opportunity to work closely with other departments and interact directly with customers."

by with outer departments and interact directly with customers."

Currently an MBA student at the University of Regina, Britt will graduate from the program in 2024. 'Continuing to learn is really just a part of who I am, and I've been able to integrate many of the ideas and concepts directly into my work. I'll attend class on a Tuesday night and by Wednesday morning I'll be in the office saying 'Guess what I learned? Let's try it!."

Originally from Prepared. Stiff and it is the control of the c

Originally from Brandon, Britt and her husband Jason moved to his hometown of Virden in 2009. With two little boys to raise, you can now find both of them at the rink, the ball diamond, or a meeting pertaining to one or the other. A member of the Virden Minor Ball Board, Mary Montgomery Elementary School parent Advisory Council, and the Ladies Gold Rush Fastball Team as executive member and player-coach, she is active in the community. munity.

Four Seasons Sales is the Largest RV Dealer in the Prairies with locations in Virden, Regina, Winnipeg and Medicine Hat. Offering all of North America's Top Brands and the most comprehensive on-site service in three provinces, Four Seasons is setting the standard for excellence.

Virden, MB | 1-888-934-4444 350 Trans-Canada Hwy #1

Kari Kosior Kari's Kloset

Kari comes from Virden, Manitoba where she graduated from high school. After receiving a diploma in Busi-ness Administration, Kari began her career in fashion and retail as a sales career in fashion and retail as a sales associate with Ricki's in the Brandon Shoppers' Mall. She aspired to own a clothing store of her own someday and dreamt of moving back to a small town to make this dream come true. After gaining several years managing in the field she met Jeannie Waterman



the field she met Jeannie Waterman, which later connected her to buying the building where JayLyn's Boutique was located in downtown Moosomin.

15 years later, Kan's Kloset is well known for its great service, its great displays and for its large selection in ladies clothing, footwear and accessories. Her social media and online business is flourishing. and accessories. Her social media and online business is nourisning. Kari's "Friday Live" on Facebook has become well known over the last couple years. Every Friday at 9:30 am Kari goes on "Live" video to present new arrivals, the latest trends or shows off whatever great sale is currently happening to her followers. Every live runs about 30 minutes and can be viewed again any time after on her Facebook busi-

ness page.

Kari has over 20 years experience in the clothing retail industry. Karr has over 20 years experience in the clothing retail industry. Her staff, Helen has worked there for 15 years, Jolene for 10.5 years, Robin for 10 years, Jenn for 9 years, and Janelle in Bookeeping for 7 years. They are a "work" family, who together have the reputation of being honest, helpful, reliable and fun!
Karl loves working with her clients, working on visual merchandising and doing the buying and ordering for the store. She has made so many amazing relationships along the way with her customers, sales reps, and fellow business colleagues.

She never dreamt part of her job would entail taking "selfies" and writing as many captions as she does for her online posts, but she has grown to appreciate any opportunity she has been given to connect with her customers near and far.

Kari and her husband, Ben Kosior farm near Fleming, They have two daughter's, Billee (8) and Rayna (6) and their two dogs, Lady & Aery and their two cats Bo & Georgie.

705 Main Street | Moosomin, SK 306-435-2738 • www.karisklosetonline.com



Andrea Balon **Best Cellars**

I consider myself very fortunate to have my career with Best Cellars - House of Spirits in Kipling. I have been working at the store since it opened in 2017, and was promoted to Store Manager 4 years ago. I get to spend my days doing what I love. I have such a passion for the business - creating



the displays, promotion of the store through events and mostly the interaction with customers, suppliers and staff. Many times, there are customers who comment on the quaintness and uniqueness of the store, this is what makes me thrive. When new customers come in, I am happy to offer a store tour and perhaps a product sample.

Born and raised in Saskatchewan, I grew up in Alida, went to school in Oxbow and moved to Kipling in my early twenties. I had many jobs along the way - nanny, waitress, lifeguard, store clerk, and painter just to name a few. I am the proud parent of 2 wonderful kids who are now venturing out on the start of their own adult lives.

In my personal time I surround myself with family and friends. I enjoy going to the gym, golfing, paddle boarding, shopping, and taking care of myself with beauty pampering.

Kipling is a fantastic place to live and work. It is a tight knit community where people go out of their way to lend a helping hand. It is great to see all of the familiar smiling faces and know that I have played a role in that smile.

306-736-1230 | Kipling, SK

Kara Kinna The World-Spectator

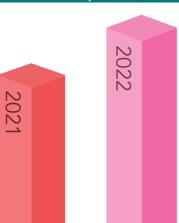
I grew up in the Estevan area and graduated with a Bachelors Degree in Journalism and Communications from the University of Regina in the spring of 2002 and started working at the World-Spectator in the fall of that year. After only a few months of covering Moosomin and the surrounding area as a reporter, I grew to love this area and knew it would be my new home!



After a few years of full-time reporting and getting to know this area of Southeast Saskatchewan and Southwest Manitoba inside and out, I moved more into the business end of the company, doing sales work and book work. Today I continue to do sales, books, and some reporting (my true love) when I can!

I'm a busy person, but in the free time I have, I love to be outside. I enjoying gardening and yard work, as well as travelling, reading, swimming, and visiting family.

> Moosomin, SK | 306-435-2445 www.world-spectator.com



Jolene de Vries **Anytime Fitness**

My name is Jolene de Vries. I am the Owner of Anytime Fitness Esterhazy and Yorkton with my husband Eddy I was born and raised in the Regina area and moved out to Esterhazy permanently in late 2012/early 2013 have an engineering degree from the University of Regina and am also a Six Sigma Master Black Belt (Statistics). Four years ago my husband and I took a leap of faith and opened our first gym in Esterhazy. Three years ago we opened our second one in Yorkton. I



have always been into working out and fitness as long as I can remember. Six years ago I took the leap into the fitness world as a sideline to my job at the mine when I obtained my Sport and Exercise Nutrition Coaching Certification from Precision Nutrition, and 4 years ago I left the mine to work full-time in our gyms. Since then I have also obtained my National Academy of Sports Medicine Personal Training and Group Personal Training Cer-tifications and Youth Exercise Specialist Certifications, Fitness Yoga Instructor Certification, FMS-Level, TRX STC and the Pain Free Performance Specialist Certification amongst other smaller courses and certifications. I am also now the lead for the Fitness Industry Council of Canada – Saskatchewan Coalition. In my spare time I continue my love for biomechanics of movement training my horses and taking lessons in dressage and am also the 4-H General Leader for the Twin Valley 4-H Multi Club .

At our facilities we offer gym memberships, Personal Training, Small Group Training, Team Training, Yoga and more and enjoy all the friendships made with our members. When we opened our gyms I had no idea that we would create such amazing communities and safe places for people to become healthier versions of themselves mentally, physically and emotionally. I found my calling moving permanently into the industry and bringing on an amazing team of staff to help us make the communities we service healthier. We are a place that helps people with their mental health, chronic health conditions, pain and so much more. I love that we are able to be a part of making our communities healthier and that we can change someone's life for the better when they walk through our doors.

> Esterhazy, SK | 306-701-0103 esterhazysk@anytimefitness.com

