

A Tribute to Our Health Care Professionals



Caregivers in seniors' residences: Guardian angels of the elderly

It's important to highlight the excep-tional contributions of orderlies who work in retirement homes and long-term care facilities. Here's how they're helping to protect society's most vulnerable people.

PROVIDING VERSATILE CARE Orderlies are responsible for numer-ous tasks on a daily basis. In addition to assisting with basic hygiene and offering physical care to residents, they also monitor patients' blood pressure, heart rate and temperature. Furthermore, orderlies relay information to medical staff about chang-es in their patients' health and behaviour.

SHARING A VAST SKILL SET The men and women who work as orderlies possess a remarkable collection of traits and skills including empathy, kindness and patience. The job requires them to be efficient, meticulous and organized in an often



stressful work environment.

OFFERING REASSURANCE To help prevent the spread of Covid-19, people

across the country were

prohibited for a period of time from visiting their loved ones in seniors' residences. During those unsettling times, millions of Canadians took comfort in the knowledge that orderlies were looking after the health and well-being of their friends, parents, grandparents and other relatives. These caring individuals offered support to those who were sad, anxious and alone.

These everyday superheroes play a key role in the health-care system. Long after the pandemic, their courage and dedication will be remembered. Many thanks to the orderlies across the country.



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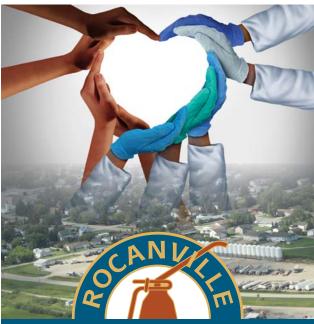
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The World-Spectator - Moosomin, Sask.

Health care workers put patients' interests before their own

Why did millions of health care workers-doctors, nurses, emergency re-sponders, aides, transport specialists, and more—risk their lives every day to care for people during a pandemic over the last years? few

Personal courage is part of the explana-Personal courage is part of the explana-tion. But there's more to it than that. What we saw was the professionalism of thou-sands of health care workers at work. The essence of their professionalism is that they put the interests of patients and the public before their own. We take it for granted at our peril. Professionalism is ingrained during medical training, role-modeled by the se-nior clinicians who teach, and reinforced by powerful aphorisms inherited from legendary practitioners going back to

legendary practitioners going back to Hippocrates. One was the eminent Bos-ton physician Francis W. Peabody who, in 1927, famously wrote: "One of the essen-tial qualities of the clinician is interest in humanity, for the secret of the care of the patient is in caring for the patient." Professionalism also instills a commit-

ment to peers who join together on the

frontlines of medicine. In this way, health professionals resemble soldiers who sac-rifice for their comrades in the trenches. And like the military, they accept collec-tive responsibility for their behavior.

A core tenet of professionalism is a com-mitment to professional self-governance. mitment to professional self-governance. A well-functioning profession supervises itself, setting standards of practice that are based on science and evidence and ethi-cal conduct. That is why society entrusts health care professionals with designing their own licensing exams, training cur-ricula, and disciplinary proceedings. Re-sponsibility to and for peers is another force driving clinicians into the fray. A third essential dimension of profes-sionalism is commitment to maintaining competence in a specialized area of ex-

sionalism is commitment to maintaining competence in a specialized area of ex-pertise, in this case, the science that un-derlies clinical practice. It is not by chance that professional societies publish their own peer-reviewed scientific journals, or that publication in those journals conveys prestige and standing among colleagues. It should come as no surprise, then, that professionals bridle when lay leaders

broadcast assertions that fly in the face of existing evidence. We should recognize that

in times of crisis, profession-alism reinforces the sense of duty, the courage, and even the heroism of millions of clinicians who feel its pull. We would certainly be worse off without it.

Protecting health care workers is a sign that so-ciety values and respects them for the professional-ism they show every day.

Canadians deeply admire health care workers, and health care workers, and that admiration has justifi-ably grown over the years. But the public should real-ize that the professional-ism that undergirds the behaviors they so admire is potentially tragile during tough times, and needs to be supported.







Thank You!

Thank you for your commitment and caring for our communities. We are lucky to have you.

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We salute the dedication of health-care workers who serve our community. Your contributions are invaluable and we want to acknowledge them in a big way!

Honouring Canada's nurses

ealth-care

National Nursing Week takes place this year from May 7 to 13. This anthis year from May 7 to 13. This an-nual event celebrates the invaluable contributions these essential work-ers make to the Canadian health-care system. Nurses provide care and support to patients and their families and are advocates for those in their charge. For these reasons, their ef-forts descrue to be recognized forts deserve to be recognized.

NURSING AT A GLANCE Nursing requires a diverse skillset that includes personal attributes such as respect, empathy, tolerance and in-tegrity. The job also demands a great deal of autonomy and continuous training. Among other things, nurses do the following: • Evaluate the physical and mental condition of their patients • Develop a nursing treatment plan and ensure it's carried out • Follow-up with patients who

have complex health problems

Administer and adjust prescrip-

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 Administer and adust prescription medications
 Provide palliative care Members of the profession also collaborate with other health-care professionals to ensure quality services are provided. In light of events over the last few

In light of events over the last rew years, nurses merit respect and rec-ognition more than ever. This week, take a moment to thank the nurses you know for their care and contribu-tions.

National Nursing Week is always held during the second week of May in honour of

Florence Nightingale, whose birthday was May 12.







Thanks for making our communities better, safer and healthier places to live!

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Thank you so much for all your support over this time. Keep up the great work!



Care workers, You are amazing!

Dear health

Thank you for being there for us when we need you the most.



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Nursing one of the most trusted professions in Canada

Nurses champion and promote the health of Canadians coast to coast. As health-care specialists, they are ideally positioned to be the best role models, educators and advocates of healthy living, safety and wellness in Canada. Trust, therefore, plays an important role in the relationship between nurses and the communities they serve; and according to statistics, these caring professionals are doing a stellar job!

Nursing is one of the most trusted professions in Canada with most Canadians rating nurses' honesty and ethical standards as very high. What better way to thank them for their trusted service than by paying them homage this National Nurses Week? Celebrated annually in May, this weeklong observance honors nurses for their dedication to advancing the quality of care in Canada.

Whether they are at the bedside of an ailing patient, in the ER or in the boardroom, nurses play a vital role in the health-care system. Some of their responsibilities include:

Physical exams and preliminary diagnoses Health promotion, counseling and

education • Prevention of illness and injury

• Direct and supervised care of wounds and other personalized interventions

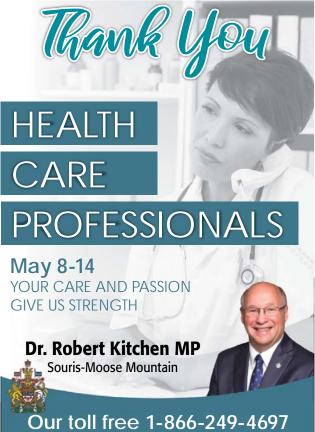
Research toward improved practices
 and patient outcomes

This National Nurses Week, join the country in thanking these caregivers (all 3.6 million of them) for the role they play in meeting the health-care needs of Canadians in hospitals, nursing homes, community health centers, schools and even correctional facilities.



Nurses represent a trusted voice on health-related issues in Canada.





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How should we thank our health care providers?

There are different ways you can thank the person or persons who regularly tend to your health and the health of your family. That could be a medical doctor, dentist, chiropractor, nurse practitioner, physician assistant, or a combination of these clinicians!

OB/GYNs traditionally have a brag wall of baby, toddler and teen photos that show how the babies they delivered are growing and changing. This gives the doctors who were there for a person's first breath a chance to see the results of their handiwork. Maybe swing by and share a picture—or bring the actual child or teen into the office and really surprise them! Emergency physicians and other critical care provid-

Emergency physicians and other critical care providers also appreciate when patients and their families come back to show them how well they are doing after having survived a trauma or serious illness. If an in-person thank you is not feasible, a current photo and a note of thanks can also go a long way to boosting the doctor's spirits and encouraging them to continue their life-saving work.

can use go a form way to boosting the doctor's spin to and encouraging them to continue their life-saving work. And feel free to get specific! For providers who've seen you through something important like a knee replacement, cancer treatment, and broken bones—try a picture of you enjoying an activity that would have been impossible if it weren't for their medical intervention. Maybe



a picture of you on a Hip Replacement Hike or doing a Cancer Survivor's Cha Cha. Show and tell the doctor how their skilled medical treatment has changed your life for the better.

And there's something in it for you, too. There's also a practical and somewhat selfish reason to

There's also a practical and somewhat selfish reason to thank your caregiver! You want them to know you as a person as well as a patient. Our physical wellness is intertwined with our social and mental status, so we want our doctors to understand

it all. By thanking them for their care, you stand out and become even more

memorable to them. You are even more of an individual and less of a patient. So this year take a moment to send your health care

So this year take a moment to send your health care provider a note of thanks and maybe a picture that highlights how your life is better because of their dedication to your health.



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Thanks to all the health care professionals who serve us day in and day out and keep our communities safe and healthy!

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Health Care Workers

Thank you for your commitment today and every day.

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Canada's long list of crucial health care providers

The National Occupational Classifi-cation (NOC) database is a resource for learning more about careers in Canada, including health careers, and contains infor-mation on job titles, main duties and employment requirements. Below are some examples of health professions captured by the National Occupational Classification

- Audiologists
 Chiropractors
 Dental Hygienists
- Dentists
- Dietitians
- · General Practitioners and Family Physicians

Health Aides

- Health Information Management Professionals
 - Home Care Workers
 - Licensed Practical Nurses

- Medical Laboratory Technologists Medical Physicists
- · Medical Radiation Technologists
- Midwives
- Nurse Practitioners
- Occupational Therapists
- Optometrists
- Paramedics
- Pharmacists
 Physiotherapists
 Psychologists
- · Registered Nurses
- Registered Psychiatric NursesRespiratory Therapists
- Social Workers

 Speech-Language Pathologists
 Having the right supply of qualified health care providers entering the health care workforce is essential for access by Canadians to quality healthcare.

Physicians—committed professionals who serve our well-being

As professionals, physicians are com-mitted to the health and well-being of individual patients and society through ethical practice, high personal standards of behavior, accountability to the profes-sion and society, physician-led regulation,

and maintenance of personal health. Physicians serve an essential societal role as professionals dedicated to the health and care of others. Their work re-quires mastery of the art, science, and

A physician's professional identity is central to this role. The professional role reflects contemporary society's expecta-tions of physicians, which include clinical competence, a commitment to ongoing professional development, promotion of the public good, adherence to ethical stan-dards, and values such as integrity, honesty, altruism, humility, respect for diversity, and transparency with respect to potential



conflicts of interest.

It is also recognized that, to provide op-timal patient care, physicians must take re-sponsibility for their own health and well-being and that of their colleagues.

Professionalism is the basis of the im-plicit contract between society and the medical profession, granting the privilege of physician-led regulation with the un-derstanding that physicians are account-able to those served, to society, to their profession, and to themselves.





Thank you to our local health care professionals!

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From the Moosomin & District Health Care Foundation, we want to thank all the health care professionals, cleaning staff and everyone for all the sacrifices they have made to keep people healthy and safe.



Moosomin & District Health Care Foundation



We salute the dedication of health-care workers who serve our community. Your contributions are invaluable and we want to acknowledge them in a big way!



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Thank you to the dedicated health care professionals who work tirelessly to serve their patients and keep the people of Saskatchewan healthy and well.

Your services are invaluable and appreciated.



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OFFICE HOURS: Monday - Friday 9 a.m. - 12 Noon 1 p.m. - 4 p.m.



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Thanks to all of the local health care providers who serve our communities!



Nursing: a career filled with opportunity and reward!

Nurses are the backbone of our health-care system. According to the Canadian Institute for Health Information, they account for almost half of the country's medical workforce, with more than 410,000 registered nurses nationwide. Every year, National Nursing Week (taking place from May 7 to 13, 2023) celebrates these professionals for their dedication and commitment to the health of all Canadians.

Are you interested in a rewarding career that offers endless opportunity for professional growth? Here's why you should consider nursing!

WHAT DO NURSES DO?

Nurses work in a variety of areas, including direct and preventative care, research, education and administration. They administer treatment to patients in large hospitals as well as in small neighbourhood clinics. They educate families in northern, rural, urban and ethnic communities



on healthy child rearing practices. They participate in the administration of hospitals to ensure optimal care for all patients. They review cases, test hypotheses and make recommendations for more positive health outcomes. Ultimately, nurses are leaders in the healthcare field, paving the way for countless lifetimes of good health.

WHERE DO NURSES WORK?

Between community health clinics, schools, rehabilitation centres, doctors' offices and public hospitals, registered nurses provide their valuable knowledge and support in a variety of practice settings. Without them, Canada's ERs, ORs and ICUs would struggle to provide lifesaving care. But beyond helping patients achieve a full recovery, nurses bring relief from injury and illness by adding a human touch to the health-care experience.

Whether you enjoy working with children, manipulating high-tech equipment or developing your management skills, a bright future awaits when you choose a career in nursing!



Thank You to Nurses Across Saskatchewan

National Nursing Week is an opportunity to celebrate the many contributions nurses make across our health care system. Every day, nurses deliver high quality care and are making a difference to Saskatchewan patients.

The Government of Saskatchewan recognizes the unwavering dedication and commitment of nearly 18,000 nurses working across the province on the front lines of health care.

Saskatchewan is fortunate to have highly trained, compassionate, and dedicated nurses in our province. We are grateful for our registered nurses, registered psychiatric nurses, licensed practical nurses and nurse practitioners. Thank you for the difference you make in the lives of your patients and in your communities.

We have heard the call for additional staffing and resources to meet patient care needs. Building capacity within our health care system, and strengthening our current and future health care workforce are top priorities for the provincial government.

> Saskatchewan Health Authority

Saskatchewan's Health Human Resources Action Plan outlines our plans to recruit, train, incentivize, and retain health care providers. Learn more at saskatchewan.ca/hhr



Saskatchewan

Thank you to all our Health Care Professionals!

Thank you for your dedication and the many contributions to the health and well-being of residents.

New funding has been allocated to expand

training programs for key health professionals. Beginning in fall 2023, approximately 550 seats will be added across 18 health training programs to help address critical labour market needs.

For more information visit Saskatchewan.ca

ated to expand

Daryl Harrison MLA for Cannington canningtonconstituency@sasktel.net 306-443-4400





Health care providers: Our communities need them

Health care workers are trained to friends and communities, and they manage intensity in their everyday work while supporting patients who are experiencing serious illness and high-stress situations.

However, when a pandemic hit, it highlighted unprecedented challenges and pressures for health care workers—from traumatic experi-ences related to the virus and its uncertainty, to challenges with patient care, to worries about keeping oneself and one's family safe, to managing increased workload and isolation from limited social contact due to virus exposure.

Despite all that, health care workers fought to remain strong and resilient for their patients, families, continue to do so day in and day out.

Every community relies on its health care providers to a great degree. Without a strong base of health care professionals providing regular care, a community can not be viable. Not only do health care providers provide critical services that are detrimental to the health and well-being to a community, but they improve the quality of life for those living in those communities.

To all the health care workers out there who work tirelessly to keep us healthy, and so often put others' needs before their own: we see you and we appreciate you. Thanks for all that you do!



TIME TO CELEBRATE THE **NURSING TEAM**

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Happy National Nursing Week!



The 5 ethical principles of nursing in Canada

In Canada, National Nursing Week takes place from May 8 to 14. The weeklong celebration draws attention to the courage and commitment nurses display daily on the front lines of the Canadian healthcare system. Nurses are guided by core principles outlined in the Code of Ethics for Licensed Practical Nurses in Canada. Here's a look at what they entail.

 Responsibility to the public. Licensed practical nurses, as self-regulating professionals, must commit to providing safe, effective, compassionate and ethical care to members of the public.
 Responsibility to clients. Nurses must provide safe

2. Responsibility to clients. Nurses must provide safe and competent care for their patients.

3. Responsibility to the profession. Licensed practical nurses must commit to their profession and foster the respect and trust of their healthcare colleagues and communities.

 Responsibility to colleagues. Nurses must develop and maintain positive, collaborative relationships with



nursing colleagues and other health professionals. 5. Responsibility to oneself. Licensed practical nurses must take care of themselves, recognizing and functioning within their personal and professional competence and value systems. This year, the theme of National Nursing Week is Our Nurses. Our Future. The theme speaks to the many roles played by nurses in a patient's healthcare journey. Take the time to write a thank-you note to a nurse who has made a difference in your life or the life of someone you love.





We are deeply grateful to you for all the sacrifies that you and your family are making so you can take care of your patients.

Thank you!



Thank You!

We thank all healthcare professionals for their dedication!!

You are an integral part of the health and wellbeing of our local communities!

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